

Organic Vegetable and Fruit Growing Courses

With The Natural Vegetable Company

Learn through a combination of theory and practical sessions over an eight week period how to grow a wide variety of delicious and healthy seasonal organic vegetables, fruit and herbs.

The course will include; plant propagation, soil preparation, growing in containers, seed sowing, protected cropping, dealing with weeds, pests and disease management, advice on the best varieties to grow in the Highlands, together with harvesting and storage. You can attend a weekly course either on Tuesday evenings or Saturday mornings.

Courses will be run at Clachandreggy, Torbreck, Inverness, IV2 6DJ

Course dates : Saturday mornings 10-12noon from 6th April to 25th May
and Tuesday evenings 7-9pm from 2nd April to 21st May

The course costs £120 to include all materials, handouts, teas/coffees.

Please bring a notepad and pen, suitable gardening clothes and sturdy boots.

Places will be limited to 12 participants per 8 week block with two tutors.

To book a place send your completed slip below to the address above or get in touch by phone or email.

maggie.natveg@btinternet.com Tel 01463 250440 www.natvegco.com

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Name:.....

Address:.....

Phone number...../email address.....

Please circle: Tuesday evening class or..... Saturday morning class

To ensure your place please send this slip together with your cheque for £120 to the Natural Vegetable Company at the address above or contact us by email and we can send out bank details to pay online.